



Multiple matching (Part 7)

Answers

- 2 extraordinary strength (and speed); ability to withstand freezing temperatures; amazing endurance; astonishingly fast reflexes
- 3 1 may be shared by other people who don't realise they have it
...there are people like him everywhere who have no idea that they have this ability.
- 2 is beneficial for the person's mental and physical health?
He gains improved immunity and better cognitive performance.
- 3 Could potentially affect a person's mental development?
Without adequate body fat, brain growth in childhood could be restricted
- 4 requires theoretically impossibly quick reactions
At this speed it is not likely that the human eye could track an object of this size and unimaginable that human reflexes could respond ...
- 5 may have inspired the story of a legendary character
It is possible that the myths about Hercules were based on individuals with this condition ...
- 6 may help give an insight into curing certain illnesses
...could help scientists unlock the secrets of muscle growth and deterioration and lead to new treatments for debilitating diseases such as osteoporosis.
- 7 Was eventually discovered by chance
Unaware of his 'gift' until he took part in a scientific study at the age of 30 ...
- 8 is believed by the person to be a question of mind over body
Hof believes it is the result of meditation practices ...
- 9 could be acquired by whoever is prepared to believe in it
...these practices are attainable by anyone who can convince themselves they can do it.
- 10 has completely confused scientists looking for an explanation
Science is baffled by Isao Machii ...
- 4 1 C 2 B 3 A 4 D 5 A 6 A 7 C
 8 B 9 B 10 D
- 5 Students' own answers

Vocabulary compound words

Answers

- 6 Students' own answers
- 7 1 D 2 E 3 C 4 B 5 A
- 8 breathtaking = incredible
 side-effect = impact
 drawback = disadvantage
 far-fetched = unlikely
 everyday = ordinary
- 9 Students' own answers

ADDITIONAL PRACTICE | Maximiser p.27, Vocabulary 1 | ME
 Unit 4, Vocabulary 1 | Photocopiable 4A Go fish! |
 ActiveTeach Extra activity: Reading Focus

Grammar focus ▶ p.40

Articles

definite, indefinite and zero articles

Grammar Reference answers

Exercise 1

- 1 The 2 a 3 - 4 the 5 - 6 the 7 a 8 the
 9 The 10 -

Answers

- 1 1 - 2 an 3 a, the, - 4 a, the 5 the, the
 2 1 B, E 2 D 3 A, C
 3 1 B 2 D 3 D, A, E 4 D, C 5 C, A
 4 Students' own answers
 5 1 - 2 - 3 - 4 - 5 the 6 the 7 the 8 a
 9 a 10 the 11 a 12 a 13 the 14 - 15 -
 6-9 Students' own answers



Use of English

focus ► p.41

Word formation (Part 3)

Answers

- 1 Students' own answers
- 2 1 adjective 2 noun 3 adjective 4 adjective
5 adjective 6 adjective 7 noun 8 noun
- 3 1 knowledge 2 visitors 3 dangerous
4 Inexperienced 5 sensible 6 Warning
7 sickness 8 assistance

The word *experienced* is the one which needs a negative prefix (*in-*).

- 4 Students' own answers

Vocabulary

negative prefixes with adjectives

Answers

- 5 1 un 2 in 3 dis 4 im 5 il 6 ir
- 6 1 disadvantage 2 illegal 3 unlikely 4 impatient
5 irregular 6 incapable
- 7 Students' own answers

Listening focus ► p.42

- 1 Focus attention on the photo and elicit anything students already know about Antarctica. Put students into pairs and ask them to take turns to read the questions aloud and then discuss each answer. Refer students to page 139 to check their answers.

Answers

- 1 1 B 2 A 3 C 4 A 5 B

Multiple choice (Part 4)

Answers

- 2 1 What was unusual about Leo's team?
descendants, Shackleton; personal link; attempted, South Pole
- 2 What does Leo say was the hardest thing for the team before the expedition?
finance, mentally, physically fit
- 3 What does Leo say was easier for the 21st-century expedition than for Shackleton's expedition?
planning route, cooking, equipment
- 4 What problem did both expeditions experience?
food, illness, weather
- 5 How did Leo feel when he was crossing the Antarctic plateau?
hadn't expected, so difficult; worried, reach, South Pole; skills, leader
- 6 The part of the trip Leo enjoyed the most was when they; South Pole; same point, Shackleton; home
- 7 What does Leo admire about Shackleton?
determination, ambition, bravery
- 3 1 B 2 B 3 A 4 C 5 A 6 B 7 C
- 4 1 connection to members of Shackleton's team.
2 mental challenge ... struggled with the most ...
3 Shackleton was travelling into the unknown with only a compass to guide him, while our team had a map and modern navigation equipment ...
4 high winds ... Shackleton also endured ...
5 and just when we thought it couldn't get any worse ...
6 arriving at the place where Shackleton decided to turn back ...
7 decision to turn back to save his men took great courage ...
- 5 Students' own answers



Vocabulary

idioms: the body

Answers

6 1 J 2 G 3 H 4 E 5 C 6 A 7 B
8 D 9 F 10 I

7-8 Students' own answers

Grammar focus ► p.44

Narrative forms

past simple, past continuous and past perfect

Grammar Reference answers

Exercise 2

- 1 Did he see Annie at the concert?
- 2 She didn't enjoy the long drive to work.
- 3 Brian wasn't working at the hospital in 2015.
- 4 Was he expecting the children to help?
- 5 Had whole family gone on the expedition?
- 6 The volunteers hadn't had the chance to meet the public.
- 7 Didn't the car belong to his older brother?
- 8 Hadn't they expected to meet you at the airport?
- 9 Weren't the books being sold at reduced prices?
- 10 Hadn't all the students been on a trip to Paris?

Answers

- 1 Students' own answers
- 2 1 struck, happened, found 2 had been putting up, had just stopped 3 was eating
- 3 1 past simple (-ed ending or irregular form)
2 past perfect (continuous) (had + past participle / had been + -ing form of the verb)
3 past continuous (was/were + -ing form of the verb)
- 4 Students' own answers
- 5 1 had 2 was 3 thought 4 had already died
5 noticed 6 were running 7 realised 8 was lying
9 freed/had freed 10 started 11 saw 12 arrived
13 had been

past perfect simple and past perfect continuous

Answers

- 6 1 had finished (A) 2 had been hurting (B)
3 had never seen (A) 4 hadn't heard (A)
- 7 1 hurt, had been hoping / had hoped
2 was recovering, studied / was studying
3 was swimming / had been swimming, cut
4 split up, had been going / gone out
5 didn't need, had already done

Speaking focus ► p.45

Ranking

Collaborative task (Part 3)

Answers

- 2 Discuss how difficult it would be to learn these survival skills
Decide which two survival skills would be the most useful on the island
- 3 Students' own answers
- 4 1 Top, list 2 put, above 3 highest priority
4 out of these
- 5 1 Bottom of the list for me would be finding water.
2 I'd put making a fire below (lower than) making a shelter.
3 I think learning how to make a fire would be the lowest priority for me.
4 So out of these five skills, making a fire and finding water would be the least useful.
- 6-8 Students' own answers



Writing focus ▶ p.46

Essay (Part I)

expressing and supporting ideas

Answers

- 1 Students' own answers
- 2 1 point 2 (agree) 2 point 1 (disagree) 3 point 1 (agree) 4 point 2 (disagree)
- 3 A 2 B 4 C 3 D 1
- 4-8 Students' own answers

Sample answer

TV programmes often show beautiful scenes in the countryside which feature wildlife, fantastic landscapes and beautiful beaches, for example. They don't often show a lot of detail about what rural life is actually like. Is it really better to live in the countryside than in a city?

It is true that living in the countryside offers some obvious health benefits. The air is less polluted, and you may have more opportunities to spend time outdoors enjoying nature. This can be good for your mental health as well as physical health.

On the other hand, there are some clear advantages to living in a city. Public transport is often better and there are more facilities for education, leisure and entertainment.

However, people aren't always able to choose to live in the country, even if they want to. Some people have to move to cities to find employment as jobs are much more plentiful there.

I think that living in the countryside can provide a better way of life, but really this depends on your lifestyle and your personal situation.

Review ▶ p.47

Aim

- to revise structures and vocabulary covered in Unit 4

Answers

- 1 1 an 2 the 3 the 4 the 5 the 6-7 the 8 the 9 a 10 an 11 the 12 a 13 a 14-15 a 16 a
- 2 1 incapable 2 illogical 3 successful 4 impatient 5 irresponsible 6 distrustful
- 3 1 B 2 E 3 A 4 F 5 H 6 G 7 C 8 D
- 4 1 had been living 2 were walking for 3 had forgotten how to 4 hadn't/had not been